## Press Release 12<sup>th</sup> November 2015

## College of Psychiatrists of Ireland Selects Winner of John Dunne Medal 2014

The College of Psychiatrists of Ireland congratulates Dr Zafar Nisar, winner of the John Dunne Medal 2014., Dr Nisar, who is currently employed as a Senior Registrar in Roscommon County Hospital, was selected as this year's winner for his contribution to the paper *An examination of childhood trauma in individuals attending an adult mental health service*. This paper investigates the association of five forms of childhood trauma with a range of clinical symptoms and mental health disorders in 136 individuals attending a mental health service in Ireland. The first author of this paper is Dr Anna Wota. It was co- written with Dr Charles Byrne, Dr Ivan Murray, Dr Thomas Ofuafor, Dr Frank Neuner and Dr Brian Hallahan and appeared in the Irish Journal of Psychological Medicine last December 2014.

'The paper produced by Dr Nisar and his colleagues is an important and invaluable contribution to the literature on Ireland's psychiatric services. This paper richly merits this prize and will help shape Irish mental health services into the future' said Professor Brendan Kelly, Editor-In-Chief of the Irish Journal of Psychological Medicine.

This is the 26<sup>th</sup> year the John Dunne Medal has been awarded to a trainee. It acknowledges original and outstanding contributions to the field of psychiatric research. The prize was established in 1989 to honour Prof John Dunne, first Professor of Psychiatry in Ireland and President of the Royal Medico-Psychological Association in 1955. The prize is open to all trainees from Ireland, Northern Ireland and Britain. To be eligible, a trainee much have made a significant contribution (though not necessarily as first author) to an original paper published by the Journal over the year.

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